

Transition to adulthood

Purpose: The purpose of this training is to support transitional aged youth by providing learning and resources regarding life event transitions such as personal care skills, building relationships, using a bank and cooking. An interactive and inclusive learning environment will be created to allow the transitional age youth to learn with peers through exercises, practice, reflection, discussions, and readings.

Who: Teens aged 14-18

When: Tuesday, March 19, 2019, March 26 & April 2 (6:00pm-8:00pm)

Where: North Bay, Ontario

Teen Chat: Social Skills

Purpose: The purpose of this training is to support transitional aged youth by providing learning and resources regarding social skills and social interactions. An interactive and inclusive learning environment will be created to allow the practice of a variety of social skills such as conversational starters, sarcasm, irony and conversational topic. Participants will learn through practice, reflection and a variety of interactive activities.

Who: Teens aged 14-18

When: Saturday, March 23, 2019, March 30, April 6, April 13 (1:00pm-3:00pm)

Where: North Bay, Ontario

Circles

Purpose: The purpose of this training is to support individuals in learning and discriminating the different relationships and intimacies they may encounter in their life. This training will teach individuals about the different types of relationships they have with people, and the closeness that is appropriate in each of those relationships. Circles training will support learning to form relationships and maintain them, according to social norms and social boundaries. Individuals, with assistance from their parent(s), will be taught to recognize the characteristics that are used to classify these relationships.

Who: Children aged 5-8

When: Saturday, March 16, 2019 (10:30am-11:30am), March 23 (10:30am-12:30pm), March 30 (10:30am-12:30pm), April 6 (10:30am-12:30pm), April 13 (10:30am-12:30pm)

Where: North Bay, Ontario

This event is hosted by Hands TheFamilyHelpNetwork.ca.
Currently, these workshops are only offered in English.

More information on

Hands TheFamilyHelpNetwork.ca:

Website: www.TheFamilyHelpNetwork.ca

Phone: 705.476.2293 or 1.800.668.8555

For registration and details, contact:

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