

# Virtual Autism Consultations

**Hands TheFamilyHelpNetwork.ca offers free Virtual Autism Consultations for children, youth and families across Northern Ontario.**

## Who can access Autism Consultations?

Families who have a child or youth diagnosed with Autism.

## Autism Consultations can help by:

- Answering your questions
- Addressing any concerns you may have
- Providing family supports and resources

## When?

Hands' Virtual Autism Consultations are available for free, every Tuesday, from **10:00 am to 4:00 pm** (last session at 3:00 pm).

## How to connect to a Virtual Autism Consultation?

Hands' Virtual Autism Consultations are available by video or phone from anywhere in Northern Ontario.

To make arrangements for a same-day virtual session, parents may call Hands starting at 9:00 am the morning of each Consultation.

If joining by video, a member of our team will provide you with a link to join us from anywhere you have internet access. No need to download software or have any special equipment. If connecting by phone, we will call you at the time of your session.



To make arrangements for a same-day **virtual session**, parents may call Hands at **1.800.668.8555 ext. 1333**, starting at 9:00 am the morning of each Clinic.  
[www.TheFamilyHelpNetwork.ca](http://www.TheFamilyHelpNetwork.ca)