



Hands | Mains

TheFamilyHelpNetwork.ca  
LeReseaudaideauxfamilles.ca

# ONTARIO AUTISM PROGRAM COMMUNITY CLINIC DAYS

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HandsTheFamilyHelpNetwork.ca is providing a one-day intensive clinic for families of children and youth with Autism in:

**SUNDRIDGE:** February 12 @ Hands office, 37 Main Street.

**BRACEBRIDGE:** February 20 @ Hands office, 23 Balls Drive

**KAPUSKASING:** February 27 @ Université de Hearst, Kapuskasing Campus, 75 rue Queen.

**TIMMINS:** February 29 @ Hands office, 60 Wilson, suite 103.

**MOOSE FACTORY:** March 3 @ Ministik Public School, 9 Horden Street.

**FORT ALBANY:** March 5 @ location TBD.

All Clinics run from 9am - 7pm

To pre-register for any of the services listed:

**CALL: 1-800-668-8555 EXT. 1333**

**EMAIL: [AUTISM@HANDSTFHN.CA](mailto:AUTISM@HANDSTFHN.CA)**

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## SEMINARS

### EXCUSE MY BEHAVIOR... INTRODUCTION TO APPLIED BEHAVIOUR ANALYSIS

9-11am

Do you want to learn more about Applied Behaviour Analysis (ABA) and how it can benefit your life? This seminar will teach caregivers about the science of ABA. Topics discussed include motivation, reinforcement, data collection, and the application of ABA strategies. Families will learn how to use these skills in various environments and across different situations.

### COMMUNICATION TANGO: CREATING & BUILDING COMMUNICATION OPPORTUNITIES

12:30 - 2:30 pm

Communication is a complex system of sending and receiving information. This seminar focuses on understanding the whole body as a communication tool and how we send and receive information. Participants will be taught the foundational starting points of capturing motivation, understanding their child's nonverbal communication and effectively responding to their child's communication. Additional focus will include the different intentions behind your child's communication and how you can create an environment that increases the opportunity for communication.



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## CHALLENGING BEHAVIOUR 101: PLAYING DETECTIVE

3 - 5 pm

Do you ever wonder why your child engages in challenging behaviour? Unsure where to start in dealing with challenging behaviour? This seminar focuses on the functions: why individuals engage in challenging behaviours, what function is creating these behaviours, and how to collect valuable data. It also includes a brief introduction to preventative strategies that can be utilized before your child engages in challenging behaviour to decrease the chances of that happening.

## CHALLENGING BEHAVIOUR 102: STEPS TO POSITIVE CHANGE

6 - 7:30 pm

You've figured out why your child engages in challenging behaviour, now what? Are you unsure of where to go next, now that you've tried the strategies shared in 'Playing Detective'? This seminar goes more in depth with strategies that can be used to decrease challenging behaviours observed at home, and introduces what to do if your child does engage in these behaviour

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## BEHAVIOURAL CONSULTATION SESSIONS

Supervised by a Board Certified Behaviour Analyst, Autism Consultations provide behavioural support to: answer your questions regarding behavior change and behavioural services; address any concerns you may have; and provide family supports and resources. Consultations last 45 minutes and families will be provided with a summary of the session.

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## SERVICE COORDINATION SESSIONS

Our Family Service Coordinators are registered Social Workers ready to support your family while you navigate Autism Services. In your 45-minute consultation, you will receive information about the Ontario Autism Program and service providers and resources available in your community. Additionally, our Family Service Coordinators can review services options for your family and help you register for direct behavioural services.

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