



Hands | Mains

TheFamilyHelpNetwork.ca  
LeReseauaideauxfamilles.ca

# ONLINE AUTISM CLINICS JULY - SEPTEMBER 2020

## VIRTUAL STORY TIME (3-6 YEARS OLD WITH A CAREGIVER)

Does your child struggle to engage with educational activities or attend to physical books? Are they getting ready to or have just started kindergarten? In this 4-week virtual clinic, young children will practice sitting for stories and participating in interactive and educational activities in an online group environment. Parents are required to stay to support their child in participating in the virtual clinic.

**MONDAYS** - 9am to 10:30am - July 6, 13, 20, & 27

## LET'S GET SOCIAL! VIRTUAL EDITION (7-11 YEARS OLD)

Are you finding it hard to have fun and be social in the virtual age? We have created an online virtual social group for youths aged 7-11. This group will focus on social interactions and practicing building social connections in the digital age. Online etiquette, conversation skills and general social norms will be practiced each week in a fun and interactive way.

**TUESDAYS** - 10am to 11:30am - July 7, 14, 21 & 28

## VIRTUAL TEEN SOCIAL (10-14 YEARS OLD)

Help your child develop the skills for creating positive peer interactions through this interactive virtual clinic. This 6-week virtual clinic will help youth, ages 10 to 14, develop and strengthen their social skills with peers in an online group environment. Youth will learn essential skills such as initiating and sustaining conversations, the appropriate use of humor and how to safely use electronic communication. Hands' team will provide an interactive and inclusive learning environment, allowing your youth to interact with peers and learn through exercises, practice, reflection, and discussions.

**WEDNESDAYS** - 3pm to 4:30pm - July 8, 15, 22, & 29, August 5, & 12

## LET'S GET WORKING (15-18 YEARS OLD)

Help your youth learn essential skills to enter the workforce by registering for Let's Get Working. These skills include: building resumes, interviewing, job seeking, and appropriate workplace behaviour. Hands' team will provide an interactive and inclusive learning environment, allowing your youth, ages 15 to 18, to interact with peers and learn through exercises, practice, reflection, discussions, and readings.

**THURSDAYS** - 1pm to 2:30pm - July 9, 16, 23, & 30

**REGISTER BY CALLING HANDS' FAMILY SERVICE WORKERS AT 1.800.668.8555 EXT. 1333 OR AUTISM@HANDSTFHN.CA, OR CALL US ANY TIME TO DISCUSS HANDS' BEHAVIOURAL SERVICES AND TO START CREATING AN INDIVIDUALIZED PLAN TO MEET THE NEEDS OF YOUR FAMILY.**

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