

## Introduction and Overview of Moving on Mental Health

As part of Ontario's Mental Health Addictions Strategy, [The Moving on Mental Health action plan](#) is seeking to create a Mental Health System that delivers services and supports that are accessible, timely, and responsive to the needs of our children and youth. Specifically transformation of the system consists of:

- Creating easy to identify pathways of care between primary care, schools and community-based supports
- Defining and creating a clear set of essential mental health services that are accessible and available in all of our communities

To support this level of systems transformation [Hands TheFamilyHelpNetwork.ca](#) in partnership with [Community Counselling Centre of Nipissing](#), and [Simcoe Muskoka Family Connexions](#), are tasked with delivering these core services and supports and working with other services that play a role in young peoples' lives, such as schools, hospitals, those working in primary care and child welfare authorities. The MOMH action plan will unfold over the next three years in a very deliberate and methodical fashion. The plan will include:

- A new funding model that is tailored to individual needs community populations.
- A new set of legislative and regulatory framework that will ensure that all agencies are held to the same standard of care regardless of where families seek help.

**Our Service Area** is experiencing a high volume of request for services and by clients with significantly elevated levels of clinical needs. This requires innovative strategies in order to sustain the level of service needed. It will also require a transformation of the system to improve accessibility for our communities. This includes:

- Transparency in terms of the processes and strategies used to meet demand **(I.e. Wait list management, addressing service gaps, improving transitions between services)**
- Availability of information in terms of measuring our ability to provide positive results for children and youth and their families **(I.e. Measuring for positive outcomes)**
- Improved coordination of services between providers **(I.e. Shared information regarding services provided )**
- A clear planning mechanism that offers opportunities for children and youth, and their families to provide input to make improvements to the system

In February of 2016, 130 voices in Bracebridge, Huntsville, Parry Sound, Almaguin, North Bay, and Sturgeon Falls took part in engagement and partnership meetings. An update of the results of these meetings is available on our website in our first newsletter. We heard the following:

Partners	Youth	Family
<ul style="list-style-type: none"> <li>• Waitlist Concerns</li> <li>• Service Gaps</li> <li>• Issues with service transition and Coordination</li> <li>• Clarity regarding access to services</li> <li>• Greater communication and Involvement in community planning</li> </ul>	<ul style="list-style-type: none"> <li>• Barriers to Care</li> <li>• What is important for youth</li> </ul> <p><i>Examples:</i></p> <ul style="list-style-type: none"> <li>• <i>Clearly identify/advertise services</i></li> <li>• <i>Offer technology-based services</i></li> <li>• <i>Increase service access at school</i></li> </ul>	<ul style="list-style-type: none"> <li>• Reduced waitlists</li> <li>• Addressing service gaps</li> <li>• Improved access to services</li> </ul>

As a result of the feedback received, three priorities were identified last year and updated for this current year:

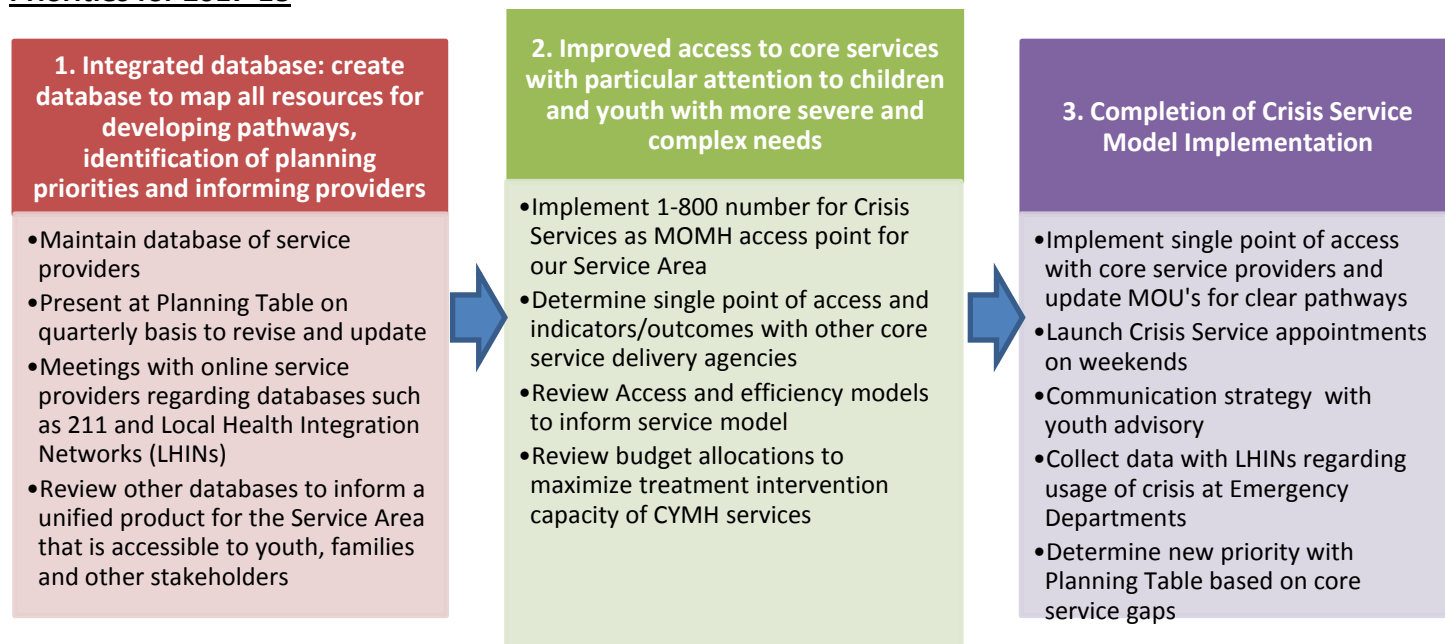
### Priorities in 2016-17

1. **Child and Youth Mental Health Planning Table for the whole of the Service Area, which includes the voices of youth and families;**
2. **Clear access protocol to and through services and accompanying information for community partners;**
3. **Analysis of Core Services gaps, relevant to community needs and demographics. Implementation of a new crisis service model is the highest priority for the first year.**

### Activities in 2016-17

- Established a Planning Table for Child and Youth Mental Health with 3 core service providers and 32 commitments from related community partners
- Participated in regional planning tables to communicate and share the vision of MOMH to the wider service provider community
- Community mental health partners have been engaged in the development of a database to map all resources in our area; review is currently occurring at the Planning Table and will be enhanced
- Meetings begun with Northern Lead Agencies to ensure alignment with definitions, performance expectations and accountability for core mental health services and pathways
- Cross sector Population and clinical data reviewed to inform planning
- Crisis service gap reviewed and model created with partnering agencies to increase capacity and coverage
- Crisis Services intervention now available 8:30am-9pm across the Service Area by Child and Youth mental health services
- Regular meetings with provincial consortium of Lead Agencies, operational leads and ministry to ensure consistency in implementation of MOMH across the province
- Hand Organizational Redesign and Board development process to better position the agency for efficient and effective leadership capacity, and focus on collaborative governance

### Priorities for 2017-18



#### **Lead Agency Team:**

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